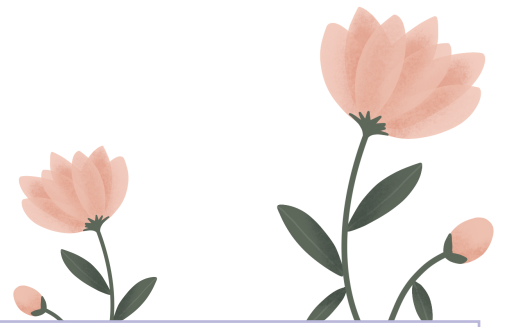


Daily Reflection Journal

Date: _____



Allah is your Lord! He has mentioned 99 of His names to us through the Quran & sunnah. Which name have you studied today? Describe how this brings you comfort.

gratitude list

how did you manage a stressful moment today?

write down an ayah, hadeeth or a personal dua that reflects your day:

daily doodle: